



KÖKET restaurant

Detailed ingredients

Meatballs with potato, lingonberries, pickled veg and cream sauce

MEATBALLS

Beef (52%), pork (28%), onion, breadcrumbs (wheat flour, water, salt, yeast), egg, salt, pepper extract, allspice

MASHED POTATOES

Potato, butter, milk, salt, white pepper

GRAVY

Water, cream, soya, carrot, celery, beef bones, onion, cornstarch, tomato purée, red wine, lovage, lingonberries, starch (potato), maltodextrin, palm fat, flavourings, salt, apple powder, yeast extract, caramelised sugar solution, glucose syrup, sugar, milk protein, stabiliser (E450ii), onion powder, garlic powder, white pepper, turmeric, paprika extract and bay leaves

LINGONBERRIES

Lingonberries, sugar

PICKLED CUCUMBER

Cucumber, vinegar, sugar, water, mustard seeds, bay leaves

Peas

Salmon balls with duchess potatoes, julienne vegetables, seafood sauce, dill and lemon

SALMON BALLS

Salmon, cod, rice flour, rapeseed oil, salt, dextrose, lemongrass, dried seaweed, ginger, garlic, onion, chilli, sunflower oil, white pepper, lovage.

DUCHESS POTATOES

Potato, milk, butter, salt, pepper, sugar, egg yolk, garlic, herbs, rapeseed oil.

SEAFOOD SAUCE

Cream, mussel stock, carrot, celery, onion, pepper, butter, lobster extract, shrimps, salt, tomato purée, yeast extract, glucose syrup, tapioca starch,

vegetable juice concentrate, modified starch, flavouring, beetroot powder, thickener (xanthan gum), maltodextrin, herbs, spices. May contain molluscs and fish.

JULIENNE VEGETABLES

Carrot, leek, celery

Lemon and dill

Veggie balls with corn tortilla, rice, beans, vegetables, salsa, lime and Sriracha mayo

VEGGIE BALLS

Chickpeas, green peas, carrot, red pepper, sweetcorn, kale, pea protein, onion, rapeseed oil, pea starch, salt, brown sugar, thickener (E461), yeast extract, sage, bay leaf, dried parsley, flavourings, spices, herbs, chilli, cumin, garlic, dextrose, onion, salt, oregano, yeast extract, potato starch, potato fibre, anti-caking agent (sulphur dioxide), spice extract (pepper)

RICE

Black rice, basmati rice, salt, rapeseed oil

SALAD

Red cabbage, carrot, lime, coriander, black beans, onion, jalapeño, chipotle, tomato purée, red onion, sugar, vinegar, malic acid, citric acid, preservative, sweetener, avocado, ginger, mango, coriander, garlic, salt, pepper

REFRIED BEANS

Black beans, chipotle chilli, onion, tomato purée, vinegar, garlic, salt, rapeseed oil, coriander

IMAT

Creamy Oat Oat base (water, oats, starter culture), rapeseed oil, fully hardened coconut and rapeseed oil, potato starch, emulsifier (E472e), stabiliser (E407), acid (malic acid, lactic acid), calcium carbonate, calcium phosphate

SALSA

Tomato, tomato purée, green chilli, jalapeño, salt, vinegar, corn starch, lime juice, paprika, chilli pepper, cumin, cayenne pepper, coriander, oregano

SRIRACHA MAYONNAISE

Rapeseed oil, water, sugar, modified potato starch, salt, lemon concentrate, preservative (E202), chilli, vinegar, garlic

MOZZARELLA

Water, coconut oil (24%), modified starch, starch, sea salt, mozzarella flavouring, preservative: sorbic acid (<0.2%), colour: beta carotene, vitamin B12.

CORN TORTILLA

Cornflour, water, salt

Chicken balls with coconut milk, green curry, vegetables, rice, herbs and deep-fried egg

CHICKEN BALLS

Chicken (61%), chicken skin, onion, potato starch, salt, spices (onion powder, salt, ground ginger, pepper extract)

CURRY

Coconut milk, courgette, cowpeas, bamboo shoots, fish sauce, palm sugar, coriander, chilli, lemongrass, garlic, salt, galangal root, shrimp paste, kaffir lime, coriander seeds, pepper, turmeric, caraway, Thai basil

Jasmine rice

Salt, kaffir lime, lemongrass

Deep-fried egg, salt, rapeseed oil

Wild boar meatballs with pappardelle, tomato sauce, olives, semi-hard cheese, capers and sage

WILD BOAR MEATBALLS

Pork, wild boar meat, oat bran, potato flour, garlic, fennel, olive oil, parsley, black pepper, salt

PASTA

Wheat flour, durum wheat flour, egg, salt

TOMATO SAUCE

Chopped tomatoes, tomato purée, onion, celery, carrot, olive oil, anchovies, sherry vinegar, black pepper, salt, carrot, onion, leek, yeast extract, sugar, aroma, parsnip, xanthan gum, citric acid, garlic, sunflower oil.

TOPPING

Olives, water, salt, milk, starter culture, rennet, potassium sorbate, parsley, capers, sage, rapeseed oil.

Pancakes with jam and whipped cream.

PANCAKES

Buttermilk, wheat flour, egg, rapeseed oil, salt

Cream

JAM

Sugar, strawberries, water, pectin, citric acid, potassium sorbate

Creamed macaroni with Falun sausage

CREAMED MACARONI

Wheat flour, durum wheat flour, milk, butter, white pepper, salt, nutmeg

FALUN SAUSAGE

Pork, beef, water, potato flour, salt, dextrose, onion powder, ginger, black pepper, coriander, baking powder (E450), ascorbic acid (E300), preservative (E250)

Sandwich cake

BREAD

Plain flour, water, sifted rye flour, E471, flavour, antioxidants, citric acid, colouring, dark brown syrup, yeast, sugar, sugar beet fibre

SEAFOOD HASH FILLING

Rapeseed oil, surimi, fish, water, tapioca starch, salt, sugar, sunflower oil, egg white, crab flavour, crab extract, colouring (E120, E160c, E170), shrimps, seaweed pearls (1.6% seaweed extract), flavour, spices, preservatives (E202, E211), stabiliser (E415), antioxidant (E330), colouring (E160c), egg yolk, dill, mustard seed, spirit vinegar, vinegar, chilli, dried shrimp powder, fish powder, tomato powder, dextrose, crab extract, white pepper, shrimp flavour, thickener (E415, E1442), acidity regulator (E330)

HAM FILLING

Ham, water, salt, maltodextrin, dextrose, natural flavours, stabilisers (E451, E450, E407), antioxidants (E331, E301), preservative (E250), smoke flavouring, red onion, vinegar, Dijon mustard, egg yolk, yoghurt

GARNISH

Varies by season

Salads

There's a different fresh and filling salad on our menu every week.

Soups

During the winter we serve a hearty soup every week.

Sandwiches and wraps

You can also choose from a wide range of different sandwiches, large or small.

Tea, coffee, cakes and desserts

Fancy something sweet? Choose from our delicious cakes, buns and desserts.

The ingredients in our soups, salads, sandwiches and pastries vary depending on season and availability. Feel free to ask the restaurant staff if you have any questions.

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